

NEUSE BASIN & CROATAN TRAILS DISTRICT

MERIT BADGE DAY



UNIT LEADER AND SCOUT INFORMATION GUIDE

Proposed Merit Badge Offerings (See prerequisites in this packet.)

Personal Fitness **

Citizenship in the Nation *

Scouting Heritage

Dentistry

Genealogy

Wilderness Survival***

Personal Management **

Public Speaking

Wood Carving

September 8, 2018

Register Online at:

<https://ecc.tentaroo.com/>

MERIT BADGE DAY OVERVIEW

POLICY STATEMENT

The question arises as to whether it is permissible to have Scouts earn Merit Badges in groups. Many subjects may be presented to groups of Scouts without defeating one of the purposes of the Merit Badge plan—working closely with a qualified adult.

The National Executive Board has approved this policy statement on Merit Badge counseling:

“To the fullest extent possible, the Merit Badge counseling relationship is a counselor– Scout arrangement in which the boy is not only judged on his performance of the requirements, but receives maximum benefit from the knowledge, skill, character, and personal interest of his counselor. Group instruction and orientation are encouraged where special facilities and expert personnel make this most practical, or when Scouts are dependent on only a few counselors for assistance. However, this group experience should be followed by attention to each individual candidate’s projects and his ability to fulfill all requirements.”

In the end, the Scout must be reviewed individually by the counselor to ensure completion of the badge’s requirements. This coincides with the *Guide to Advancement’s 4 Steps to Scout Advancement*: A Scout Learns, and A Scout is Tested.

Neuse Basin District has the following stance on Merit Badge Days:

Merit badges have long been a cornerstone of the Boy Scout program, allowing boys to try different hobbies, explore career opportunities, and even learn skills that could save their lives, or that of someone else. Group merit badge instruction, or “Merit Badge Days,” which have been widely practiced in East Carolina Council and elsewhere, can be a very effective way for Scouts to learn and earn badges. In order to maintain the quality of group merit badge instruction, the National Council of the Boy Scouts has prescribed certain rules for this type of learning environment in its *Guide to Advancement*.

Because of concerns raised by leaders and parents from other events, we wish to affirm the importance of these national policies and agree that all merit badge instruction for groups of Scouts from more than a single unit conducted in East Carolina Council would comply with them. In many cases, this will entail no structural change to the way a Merit Badge Day is conducted. After all, many of these events are of very high quality, adhering rigorously to the standards of advancement that any leader or parent would desire. In others, it may require some changes.

MERIT BADGE DAY CERTIFICATION PROCESS

1. There will be two registered Scouters who will be designated as Merit Badge Day Coordinators.
2. All registration will be done through the Council using [Tentaroo](#).
3. Merit Badge Days may be audited by members of the District or Council Advancement Committee for compliance to policies and procedures.
4. Merit Badge Day participants and parents will have the ability to give feedback in terms of surveys about their experience.
5. Merit Badge Days will adhere to a structured schedule.

“Because of the importance of Individual attention and personal learning in the merit badge program, group instruction should be focused on those scenarios where the benefits are compelling” Guide to Advancement 2017

#7.0.3.2

MERIT BADGE DAY COUNSELORS

All Merit Badge Counselors must be:

- **Qualified:** *"Before working with Scouts, counselors must have completed Youth Protection Training within the last two years. They must be men or women of good character, age 18 or older, and recognized to as having the skills and education, in the subjects they cover"* Guide to Advancement 2017 #7.0.1.1 Qualifications of Counselors p.44
- **Registered:** *"People serving as merit badge counselors must maintain registration with the Boy Scouts of America as merit badge counselors"* Guide to Advancement 2017 #7.0.1.5 Registration and Reregistration of Counselors p.44
- **Approved:** *"Counselors are to be approved by their local council advancement committee for each of their badges".* Guide to Advancement 2017 #7.0.1.4 Counselor approval and limitations p.47
- **Trained:** *"Counselors are to be trained in the aims of Scouting and in advancement procedures."* Guide to Advancement 2017 #7.0.1.6 Training for Counselors p.48

All Merit Badge Day Coordinators must verify the qualifications of each Merit Badge Counselor participating in their Merit Badge Day event.

Each Scout is individually tested

- *"There must be attention to each individual's projects and his fulfillment of all requirements. We must know that every Scout - actually and personally - completed them."* Guide to Advancement 2017, #7.0.3.2
- *"You are expected to meet the requirements as they are stated -- no more and no less. You are expected to do exactly what is stated in the requirements."* Boy Scout Requirements 2017 p.26

MERIT BADGE DAY MERIT BADGES

- Required Pre-Requisites will be clearly stated.
- How many Merit Badges can be earned by a Scout at each Merit Badge Day? Max 2 per day per Scout!
- Only 1 EAGLE Badge may be earned per Scout, per day!
- When a Merit Badge is offered that requires the counselor's prior approval of any part of it, then either a phone number or email of that counselor needs to be provided. It is up to each participant to individually contact the counselor prior to the Merit Badge day to obtain that approval.

MERIT BADGE REGISTRATION PROCEDURES

- Register online through [Tentaroo](#).
- No Waiting List Policy for MB's
- 100% Online Pay/ No Refunds
- Walk-Ins are not allowed
- Schedule Changes - Merit Badge classes cannot be changed on day of event for participants. Roster of attendees of a Merit Badge Day cannot be changed on day of event.

MERIT BADGE DAY SPECIFICS

- National Council Policies. *Guide to Advancement 2017 Section 7, p. 43-54*
- Schedule – Same for each Merit Badge Day (3 hour classes, 1 hour Lunch , 3 hour classes)
- Merit Badge Counselor List is kept by the District Advancement Chairman
- Class Size, Ratio , 8 students to 1 Merit Badge Counselor
- 2 Deep Leadership in every class

- Policy on Merit Badge Helpers, *Section 7 Guide to Advancement 2017*
- Available Council/District Support
- Certificates of Insurance
- Blue Cards are the only record keeping system approved by National
- Blue Cards – Signature Policies - Signed by Scoutmaster & registered counselor, returned to Scout *Guide to Advancement 2017 #7.0.0.2 and #7.0.0.3*
- Merit Badge Partial Completions *Guide to Advancement 2017 #7.0.3.3*
- Unofficial Worksheets and Learning Aids *Guide to Advancement 2017 #7.0.4.8*
- “Any fees collected should cover only those costs directly related to presenting the opportunity” *Guide to Advancement 2017 #7.0.4.10*
- Conflict Resolution; Limited recourse for Unearned Merit Badges *Guide to Advancement 2017 #7.0.4.7*
- Registration fees may not exceed \$20.00 per Scout.
- Reasonable material fees may be charged for Merit Badges requiring materials, which is in addition to the Registration Fee.
- Scouts should dress in field uniform (shirt only is okay) for the event. Closed-toed shoes are required for the activities the Scout will be involved in. The point of this is not to add to the MB requirements, but to have the Scout in an appropriate attitude at the event.

Class structure and operations must comply with the following:

1. The class size shall be limited to 8 Scouts for each counselor, to provide sufficient opportunity for individual review with each Scout.
2. A single Merit Badge session must be 3 hours in length (no mini sessions allowed). Depending on the Merit Badge, pre-requisites allow the Merit Badge to be completed in the time allotted. (See OCC list of Merit Badge day pre-requisite information.)
3. Each class must be taught by a qualified and certified Merit Badge counselor who is registered (for the Merit Badge they are instructing) within an East Carolina Council District. All event counselors must be trained in the aims of Scouting and in advancement procedures. A 1-hr lunch will be offered between the merit badge class sessions.
4. In order to maintain the integrity of the Merit Badge program, no more than 2 badges shall be earned by any Scout in a single Merit Badge Day’s event. *“Only 1 of the Merit Badges earned at an event can be an Eagle required Merit Badge.”*
5. Requirements cannot be altered in any way to fit the event format. For example, if the requirement is for a Scout to create a spreadsheet on a computer, they must do it individually and not as a group. Showing the Scout how to do a requirement does not meet the requirement for the Scout to demonstrate the requirement.
6. The Scout must be reviewed individually by the counselor to ensure that he has met all of the requirements.
7. Partial credit must be given for partial completion of a Merit Badge.
8. All attending Scouts must bring a Merit Badge application (blue card) with them, signed by their Unit Leader. Fliers and registration materials should urge Scouts to contact a counselor and complete certain requirements prior to the event. Blue cards shall not be issued at the event. (If a Scout does not bring a signed Blue Card, the Scout may not be signed-off at the event.)
9. National BSA Council’s *Activity Consent Form and Approval by Parents or Legal Guardian form 680-673* must be filled out.
10. A Trail to First Class session may be offered at a Group Merit Badge Day event. Only requirements appropriate to the time allowed for the event and the location are permitted. The Group Merit Badge Day application for the event will have attached an outline what requirements will be completed to gain approval. The flyer for the event should notify Scouts that they must bring a written note from their Scoutmaster approving their attendance.

INFORMATION FOR UNIT LEADERS

General Information

- Please Register and check-in as a Troop, not Individual Scouts.
- Consider Camping overnight to add to the scout's experience, as well as to fulfill camping and cooking requirements for rank advancement, as well as for Merit Badges.
- Ensure 2 qualified adults are present with your unit.
- Please adhere to Leave No Trace and Outdoor Ethics principles at all times.
- Overnight arrival is between 4:30pm-9:00pm on Friday Evening
- Departure from site is no later than 11:00am on Sunday Morning

INFORMATION FOR SCOUTS

General Instructions

- Each Scout must bring: (a) completed blue card signed by their Unit Leader for each Merit Badge. (b) Appropriate Merit Badge Pamphlets (c) Pen and Paper/[Workbook](#), and (d) All other material required for specific Merit Badge.
- Scouts must bring appropriate proof of completion of all prerequisites and be prepared to discuss, report, demonstrate, and be tested on all prerequisites.
- Each Scout must complete all prerequisites before class. Items that cannot be brought to class because of size or logistics must have proof in the form of photos or completions signed by Unit Leader. All written work including worksheets and drawings must be brought to class. To be unprepared is not fair to those who have prepared and to the Counselors reviewing the subjects. Remember Merit Badges are **EARNED**, not given out.
- Each Scout should wear official BSA Scout Uniform and appropriate footwear (no flip-flops).
- Registration and class assignments are on a first come, first served basis. No refunds will be given for any reason.
- Parents and Scout leaders are welcome. Each Troop should be accompanied\supervised by an appropriate number of adults.
- An E-mail confirmation will be sent to each Scout and must be presented for admittance to the Merit Badge Day.

NEUSE BASIN & CROATAN TRAILS DISTRICT

Merit Badge Day

Open to all Boy Scouts

- Date:** Saturday, September 8, 2018
- Location:** Camp Sam Hatcher
Sam Hatcher Rd, Newport, NC 28570
- Registration:** ONLY ON Tentaroo – Go to <https://ecc.tentaroo.com/>
Deadline to register is August 31, 2018
Scouts must bring attached BSA Permission Slip to event
- Cost:** \$15.00 for up to 2 classes (No refunds once registration is processed)
- Lunch:** Included 1 large hot dog, chips, cookie, and drink
- Schedule:**
- | | |
|-------------------|-------------|
| Registration: | 7:00-8:00 |
| Opening Ceremony: | 8:00-8:15 |
| Session 1: | 8:15-11:15 |
| Lunch: | 11:15-12:00 |
| Session 2: | 12:00-3:00 |

General Instructions

- Each Scout must bring:**
 - completed blue card **signed by their Scoutmaster** for each Merit Badge class
 - BSA Permission Slip (page 3 of this flyer)
 - Merit Badge Books (read in advance of class)
 - Pen and Paper/Workbook
 - Proof of completion of prerequisites, including all written work (i.e. worksheets and drawings)
- Each Scout must complete** all prerequisites before class. Scouts must bring appropriate proof of completion of all prerequisites and be prepared to discuss. Partial credits will be recorded for those whose work is incomplete (in accordance with BSA standards).
- Each Scout should** wear official BSA Scout Uniform and appropriate footwear (no flip-flops).
- Registration and class assignments are on a first come, first served basis.** Class size is limited, so register early. Once a class is full, it will be closed. There are no waiting lists.
- No refunds will be given for any reason.** Scouts who cannot afford the registration fee should contact the Registrar about scholarships available.
- Scouts are limited to only **one Eagle required class** at a merit badge event. Some Merit Badges require both sessions.
- An E-mail with further information will be sent to each registered Scout at least one week prior to the event.

For more information: contact **David Webster** at dfwebster72@gmail.com

NEUSE BASIN & CROATAN TRAILS DISTRICT

Merit Badge Day

Saturday, September 8, 2018

Merit Badges Offered

Scouts are to come completely prepared by reading the merit badge book(s) for the badge(s) they desire to earn. Specific requirements that must be completed prior to class are listed below. All requirements numbers are from the 2017 Boy Scout Requirements book. Each Scout must bring appropriate proof of completion of all prerequisites. Items that cannot be brought to class due to size or logistics must have a letter from their Scoutmaster as proof of completion. Pictures of completed items, signed by the Scoutmaster, as well as, written work and drawings must be brought to class. ***Class sizes are limited – not all classes may be available.**

Sessions

# Scouts	Merit Badge	Periods	# Scouts	Merit Badge	Periods
16	Citizenship in Nation	All	16	Personal Mgmt	All
16	Communication	All	16	Public Speaking	Sat 1, Sat 2
16	Dentistry	All	16	Scouting Heritage	Sat 1, Sat 2
16	Genealogy	Sat 1, Sat2	16	Wilderness Survival	All, Sunday
			16	Wood Carving	Sat 1, Sat 2

Prerequisites

Merit Badge Prerequisites/Requirements Not Covered					
 <p>Citizenship in the Nation 1/2 -DAY** Do #2, 3, 6, 8</p>	 <p>Communication FULL DAY** (Counselor Needed)</p>	 <p>Cooking Done with Troops</p>	 <p>Dentistry FULL DAY ** Do #3</p>	 <p>Genealogy 1/2 -DAY Do #2.a. or 2.b., 3, 4.b., & 5.</p>	 <p>Personal Fitness FULL DAY** (Counselor Needed)</p>
 <p>Personal Management** FULL DAY** Do # 1, 2, 5, 8, 9, & 10</p>	 <p>Public Speaking 1/2 -Day Do #4</p>	 <p>Scouting Heritage 1/2 -DAY Do #2.a. & 2.b.</p>	 <p>Wilderness Survival FULL DAY** Do # 5</p>	 <p>Wood Carving FULL DAY** Do # 2.a.</p>	

* **Eagle Required** – limit 1 class per Scout

** Class requires both sessions

CITIZENSHIP IN THE NATION – See Merit Badge Booklet

If access to the Internet is available, print out worksheets at www.usscouts.org/meritbadges.asp or www.meritbadge.com. Fill in as many answers in advance

Req. #2. Do TWO of the following:

- Visit a place that is listed as a National Historic Landmark or that is on the National Register of Historic Places. Tell your counselor what you learned about the landmark or site and what you found interesting about it.
- Tour your state capitol building or the U.S. Capitol. Tell your counselor what you learned about the capitol, its function, and its history.
- Tour a federal facility. Explain to your counselor what you saw there and what you learned about its function in the local community and how it serves this nation.
- Choose a national monument that interests you. Using books, brochures, the Internet (with your parent's permission), and other resources, find out more about the monument. Tell your counselor what you learned, and explain why the monument is important to this country's citizens.

Req. #3: Watch the national news or read the front page of a major daily newspaper for five days in a row. List the issues learned about. Select one issue to discuss.

Req. #6: Bring a copy of speech of national importance. Be ready to discuss.

Req. #8: Name your two senators and a member of Congress from your congressional district. Write a letter about a national issue and send it to one of these elected officials, sharing your view with him or her. Show your letter to your counselor, along with any response you might receive.

COMMUNICATION - See Merit Badge Booklet

If access to the Internet is available, print out worksheets at www.usscouts.org/meritbadges.asp or www.meritbadge.com. Fill in as many answers in advance. Be ready to discuss all requirements. (Requirements 5, 7, & 8 will not be covered.)

COOKING - See Merit Badge Booklet

If access to the Internet is available, print out worksheets at www.usscouts.org/meritbadges.asp or www.meritbadge.com. Fill in as many answers in advance. Be ready to discuss

DENTISTRY– See Merit Badge Booklet

If access to the Internet is available, print out worksheets at www.usscouts.org/meritbadges.asp or www.meritbadge.com. Fill in as many answers in advance. Be ready to discuss all requirements.

Req. #3. Arrange for a visit with a dentist. Before you go, ask whether your visit can include a dental examination and a plaque-control demonstration. Afterward, ask questions about things you want to know. Then tell your counselor what the dentist does during a checkup examination.

GENEALOGY– See Merit Badge Booklet

If access to the Internet is available, print out worksheets at www.usscouts.org/meritbadges.asp or www.meritbadge.com. Fill in as many answers in advance.

Review all requirements and be ready to discuss each item required.

Req. #2. Do ONE of the following:

- a. Create a time line for yourself or for a relative. Then write a short biography based on that time line. (Show your Counselor)
- b. Keep a journal for six weeks. You must write in it at least once a week. (Show your Counselor)

Req. #3. With your parent's help, choose a relative or a family acquaintance you can interview in person, by telephone, or by email or letter. Record the information you collect so you do not forget it.

Req. #4. b. Obtain at least one genealogical document that supports an event that is or can be recorded on your pedigree chart or family group record. The document could be found at home or at a government office, religious organization, archive, or library. (Present to your Counselor)

Req. #5. Contact ONE of the following individuals or institutions. Ask what genealogical services, records, or activities this individual or institution provides, and report the results:

- a. A genealogical or lineage society
- b. A professional genealogist (someone who gets paid for doing genealogical research)
- c. A surname organization, such as your family's organization
- d. A genealogical educational facility or institution
- e. A genealogical record repository of any type (courthouse, genealogical library, state or national archive, state library, etc.)

PERSONAL MANAGEMENT – See Merit Badge Booklet

If access to the Internet is available, print out worksheets at www.usscouts.org/meritbadges.asp or www.meritbadge.com. Fill in as many answers in advance.

Req. #1a. Choose an item that your family might want to purchase that is considered a major expense.

Req. #1b. Write a plan that tells how your family would save money for the purchase identified in requirement 1a.

Req. #1b. (2) Discuss the plan with your family.

Req. #1c. Develop a written shopping strategy for the purchase identified in requirement 1a.

Req. #2a. Prepare a budget reflecting your expected income (allowance, gifts, wages), expenses, and savings. Track and record your actual income, expenses, and savings for 13 consecutive weeks. (bring in tracking chart)

Req. #5. Select and research five publicly traded stocks. Be prepared to explain the following information for each stock:

a. Current price; b. How much the price changed from the previous day; c. The 52-week high and the 52-week low prices

Req. #8(a): Write a to-do list.

Req. #8(b): Write your planned seven-day schedule

Req. #8(c): Follow schedule and document your actual schedule and document deviations.

Req. #9: Prepare a written project plan demonstrating the steps listed.

Req. #10: Choose a career you might want to enter after high school or college graduation, Research your anticipated career and be prepared to discuss what you have learned about qualifications such as education, skills, and experience

Review all requirements and be ready to discuss each item required.

Public Speaking- See Merit Badge Booklet

If access to the Internet is available, print out worksheets at www.usscouts.org/meritbadges.asp or www.meritbadge.com. Fill in as many answers in advance.

4. Select a topic of interest to your audience. Collect and organize information about the topic and prepare an outline.

Write an eight- to 10-minute speech, practice it, then deliver it in a conversational way.

Scouting Heritage- See Merit Badge Booklet

If access to the Internet is available, print out worksheets at www.usscouts.org/meritbadges.asp or www.meritbadge.com. Fill in as many answers in advance.

2. Do the following:

(a) Give a short biographical summary of any TWO of the following, and tell of their roles in how Scouting developed and grew in the United States prior to 1940.

(1) Daniel Carter Beard

(2) William D. Boyce

(3) Waite Phillips

(4) Ernest Thompson Seton

(5) James E. West

(b) Discuss the significance to Scouting of any TWO of the following:

(1) Brownsea Island

(2) The First World Scout Jamboree

(3) Boy Scout Handbook

(4) Boys' Life magazine

WILDERNESS SURVIVAL - See Merit Badge Booklet

If access to the Internet is available, print out worksheets at www.usscouts.org/meritbadges.asp or www.meritbadge.com. Fill in as many answers in advance.

Req. #5. Put together a personal survival kit and explain how each item in it could be useful. (Bring and show to your Counselor)

Req. #8: Bring Sleeping Bag for this requirement. (*Scouts will spend the night in their shelters from Saturday evening to Sunday morning*)

Wood Carving – See Merit Badge Booklet

This merit badge requires understanding of various automotive terms, review and be ready to discuss. Suggest you read the workbook in advance.

Bring BSA approved pocket knife.

Req. #2.a.: Earn the Totin' Chip recognition. Bring Totin' Chip card and present to Counselor.

Trail to Eagle

(subject to Instructor Availability)

Scout Rank Requirements

- 1a. Repeat from memory the Scout Oath, Scout Law, Scout motto, and Scout slogan. In your own words, explain their meaning.
- 1c. Demonstrate the Boy Scout sign, salute, and handshake. Explain when they should be used.
- 1d. Describe the First Class Scout badge and tell what each part stands for. Explain the significance of the First Class Scout badge/
- 1e. Repeat from memory the Outdoor Code. In your own words, explain what the Outdoor Code means to you.
- 1f. Repeat from memory the Pledge of Allegiance. In your own words, explain its meaning.
- 3a. Explain the patrol method. Describe the types of patrols that are used in your troop.
- 3b. Become familiar with your patrol name, emblem, flag, and yell. Explain how these items create patrol spirit.
- 4a. Show how to tie a square knot, two half-hitches, and a taut-line hitch. Explain how each knot is used.
- 4b. Show the proper care of a rope by learning how to whip and fuse the ends of the different kinds of rope.
5. Demonstrate your knowledge of pocketknife safety.

Tenderfoot Rank Requirements

- 1c. Tell how you practiced the Outdoor Code on a campout or outing.
- 3a. Demonstrate a practical use of the square knot.
- 3b. Demonstrate the practical use of two half-hitches.
- 3c. Demonstrate a practical use of the taut-line hitch.
- 3d. Demonstrate proper care, sharpening, and use of the knife, saw, and ax. Describe when each should be used.
- 4a. Show first aid for the following:
 - Simple cuts and scrapes
 - Blisters on the hand and foot
 - Minor (thermal/heat) burns or scalds (superficial, or first degree)
 - Bites or stings of insects and ticks
 - Venomous snakebite
 - Nosebleed
 - Frostbite and sunburn
 - Choking
- 4b. Describe common poisonous or hazardous plants; identify any that grow in your local area or campsite location. Tell how to treat for exposure to them.
- 4c. Tell what you can do while on a campout or other outdoor activity to prevent or reduce the occurrence of injuries or exposure listed in Tenderfoot requirements listed in 4a and 4b.
- 4d. Assemble a personal first-aid kit to carry with you on future campouts and hikes. Tell how each item in the kit would be used.
- 5a. Explain the importance of the buddy system as it relates to your personal safety on outings and in your neighborhood. Use the buddy system while on a troop or patrol outing.
- 5b. Describe what to do if you become lost on a hike or campout.
- 7a. Demonstrate how to display, raise, lower, and fold the U.S. flag.
8. Describe the steps in the Scouting's Teaching EDGE method. Using the Teaching EDGE method to teach another person how to tie the square knot.

Second Class Rank Requirements

- 2a. Explain when it is appropriate to use a fire for cooking or other purposes and when it would not be appropriate to do so.
- 2b. Use the tools listed in the Tenderfoot requirement 3d to prepare tinder, kindling, and fuel wood for a cooking fire.

- 2c. At an approved outdoor location and time, use the tinder, kindling, and fuel wood from the Second Class requirement 2b to demonstrate how to build a fire. Unless prohibited by local fire restrictions, light the fire. After allowing the flames to burn safely for at least two minutes, safely extinguish the flames with minimal impact to the fire site.
- 2f. Demonstrate tying the sheet bend knot. Describe a situation in which you would use this knot.
- 2g. Demonstrate tying the bowline knot. Describe a situation in which you would use this knot.
- 3c. Describe some hazards or injuries that you might encounter on your hike and what you can do to help prevent them.
4. Identify or show evidence of at least 10 kinds of wild animals (such as birds, mammals, reptiles, fish, or mollusks) found in your local area or camping location. You may show evidence by tracks, signs, or photographs you have taken.
- 5a. Tell what precautions must be taken for a safe swim.
- 5b. Demonstrate your ability to pass the BSA beginner test: Jump feet first into water over your head in depth, level off and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to your starting place.
- 5c. Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing line and objects.
- 5d. Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible. Explain why and how a rescue swimmer should avoid contact with the victim.
- 6a. Demonstrate first aid for the following:
- Object in the eye
 - Bite of a warm-blooded animal
 - Puncture wounds from a splinter, nail, and fishhook
 - Serious burns (partial thickness, or second-degree)
 - Heat exhaustion
 - Shock
 - Heatstroke, dehydration, hypothermia, and hyperventilation
- 6b. Show what to do for "hurry" cases of stopped breathing, stroke, severe bleeding, and ingested poisoning.
- 6c. Tell what you can do while on a campout or hike to prevent or reduce the occurrence of the injuries listed in Second Class requirements 6a and 6b.
- 8a. Participate in a flag ceremony from your school, religious institution, chartered organization, community, or Scouting activity.
- 8b. Explain what respect is due the flag of the United States.

First Class Rank Requirements

- 3a. Discuss when you should and should not use lashings.
- 3b. Demonstrate tying the timber hitch and clove hitch.
- 3c. Demonstrate tying the square, shear, and diagonal lashings by joining two or more poles or staves together.
- 3d. Use lashings to make a useful camp gadget or structure.
- 6a. Successfully complete the BSA swimmer test.
- 6b. Tell what precautions must be taken for a safe trip afloat.
- 6c. Identify the basic parts of a canoe, kayak, or other boat. Identify the parts of a paddle & oar.
- 6d. Describe proper body positioning in a watercraft, depending on the type and size of the vessel. Explain the importance of proper body position in the boat.
- 6e. With a helper and a practice victim, show a line rescue both as tender and as rescuer. (The practice victim should be approximately 30 feet from shore in deep water).
- 7a. Demonstrate bandages for a sprained ankle and for injuries on the head, the upper arm, and collarbone.
- 7b. By yourself and with a partner, show how to:
- Transport a person from a smoke-filled room.
 - Transport for a least 25 yards a person with a sprained ankle.
- 7c. Tell the five most common signals of a heart attack. Explain the steps (procedures) in cardiopulmonary resuscitation (CPR).



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